### Guidelines and measures Taken by Rio de Janeiro City Hall to avoid the spread of Covid-19

**Thematic area: Health**

<table>
<thead>
<tr>
<th>Date</th>
<th>Cases</th>
<th>Confirmed</th>
<th>Deaths</th>
</tr>
</thead>
<tbody>
<tr>
<td>February 6th</td>
<td>0 suspected cases</td>
<td>0 confirmed cases</td>
<td>0 deaths</td>
</tr>
<tr>
<td>March 12th</td>
<td>128 suspected cases</td>
<td>30 confirmed cases</td>
<td>0 deaths</td>
</tr>
<tr>
<td>March 13th</td>
<td>157 suspected cases</td>
<td>38 confirmed cases</td>
<td>0 deaths</td>
</tr>
<tr>
<td>March 15th</td>
<td>166 suspected cases</td>
<td>48 confirmed cases</td>
<td>0 deaths</td>
</tr>
<tr>
<td>March 17th</td>
<td>189 suspected cases</td>
<td>60 confirmed cases</td>
<td>0 deaths</td>
</tr>
<tr>
<td>March 18th</td>
<td>192 suspected cases</td>
<td>63 confirmed cases</td>
<td>0 deaths</td>
</tr>
</tbody>
</table>

### February 6th
Rio publishes the Municipal contingency plan against Covid-19
Reservation of hospital beds in the municipal health network
Maintenance of strategic supplies stocks
Training of professionals

### March 12th
Expansion from 120 to 150 of the number of hospital beds in the municipal network for serious cases of coronavirus
The Ronaldo Gazolla Municipal Hospital, in Acari, becomes the reference unit for the treatment of Covid-19
Elevation of a level of the Contingency, increasing municipal surveillance to Level 1

### March 13th
The City of Rio de Janeiro enters the Attention Stage
Suspension of the vacation leave for health and social care professionals while the pandemic lasts
Provision of hand sanitizer in hospitals and shelters
Recommendation that people with low immunity (asthma, pneumonia, tuberculosis, cancer, chronic and transplanted kidneys) should avoid leaving home
Recommendation that people should avoid greeting with handshakes, kisses and hugs

### March 15th
Preparation of an entire floor of the Ronaldo Gazolla Municipal Hospital for Covid-19 cases and reservation of another one to receive patients

### March 17th
Establishment of a Whatsapp group by IplanRio in which the Health Secretary will be in contact with doctors, nurses and technicians, exchanging information and updating on measures to be taken in relation to the coronavirus

### March 18th
The city starts setting up the field hospital in Riocentro to receive patients from the municipal system who need elective surgery, freeing the beds of the other health units for those infected with the coronavirus. This, however, will only occur if the occupancy rate of beds for people in serious condition reaches 70%
Cancellation of doctor appointments scheduled via Sisrege and the rescheduling of previously scheduled appointments

### March 19th
Transfer of a 250 buses fleet from the Municipal Department of Education to the Municipal Department of Health, since classes were suspended

Call for 280 new tenured health professionals (200 nurses and 80 technicians)

Purchase of 806 respirators (200 will arrive in April)

The city received 10 emergency bed kits sent by the State Government

Suspension of the neutering dogs and cats for 25 days so that professionals can help teams

Establishment of drive-thru for vaccination against Influenza, so that people can be immunized without leaving their vehicles, aiming to reduce the number of people in health posts

Health Surveillance recommends using 70% alcohol, preferably in gel. Recommendation that the label should be checked for information, such as the purpose of the product and whether it has Anvisa’s registration.

SMS sent by Defesa Civil with guidelines and tips on how to prevent and prevent the spread of the virus

Transfer the care services for pregnant women and newborns at the Municipal Hospital Ronaldo Gazolla to open hospital beds for severe cases of coronavirus.

Cancellation of scheduled neutering for 25 days

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**March 23rd**

The Rio Covid-19 Panel is available at DATA.RIO (http://www.data.rio/), created by the Municipal Health Secretariat in collaboration with the Pereira Passos Institute

Suspension of face-to-face care for the elderly, considering their extreme vulnerability to COVID-19

Provision of daily audiovisual material aimed at practicing physical activity, with specific planning for the psychomotor development of the elderly

Weekly follow-up by means of a report on the health and social conditions of the elderly treated in the Coexistence Houses

Thematic information telephone service for the elderly

Training of the 29 veterinarians who were hired by the City of Rio de Janeiro and took office on March 10 to act in the Health Surveillance

Interruption of other training courses. The technicians of the Superintendency of Education have already begun to adapt to transform the face-to-face service to the public into a daily audiovisual material aimed at practicing physical activity, with specific planning for the psychomotor development of the elderly. The start is scheduled for April.

Reduction of visits to zoonosis units

Schedule change of the health surveillance service: face-to-face service to the public is carried out from Monday to Friday from 11 a.m. to 3 p.m. In both zoonosis units, the hours of operation are normal: from 8 a.m. to 5 p.m.

Reduction of services and elective surgeries for animals (including castrations)

To contain the excess of public in the two zoonosis units, entry was restricted to children under 12 years of age and the offer of services was suspended

The issuance of the Sanitary License for Transitional Activities for events was suspended

Creation of supplies deposit destined to the field hospital